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ADDICTION AND DRUG ABUSER AMONG DOCTORS AND NON-MEDICAL PERSONNEL (PART II).

Researcher found in a study in US that about 13% of surgeons found to be alcohol dependency. ??

Medical professionals are more aware of signs of addiction and are adept at hiding those signs:

Reduced job performance.

-Change in personality and priorities.

-Becoming more secretive and lonely.

-Increased reliance on colleagues in the workplace

-Change in priorities

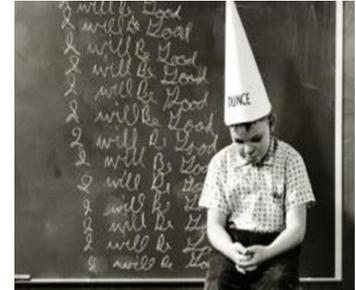
-Financial difficulties

-Relationship difficulties –family.

Causes of Addiction:

1- Causes belong to Individuals:

- The weakness of religious or faith.
- Bad companions and friends.
- Misconception to increase sexual ability.
- Feeling empty time.
- Love of tradition (weak personality).
- Plenty of money.
- Concerns are social and emotional problems.
- Low level of education.
- Personal weakness and disturbance.



2- Causes belong to Family:

- Bad example and leaders by parents.
- Both parents or one of them is addict.



- Parents' absence of supervision to children and follow-up.
- Excessive cruelty to children.

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- Excessive parenting taking sedative drugs and drugs.
- Family disintegration and lack of family ties, especially divorce cases.
- Lack of internal dialogue in the family.
- Shattered family.

3- Causes belong to countries and society:

- Addiction materials provided by smugglers and promoters.
- The presence of some places of fun in some societies.
- The limited role played by various media outlets.
- The absence of the school message.
- Lack of strict laws
- Political and economic circumstances.



Prevention of Addiction

1- individual measures:

- Personal life skills of the young man / woman (ability to act properly, positive view of the self, ability to make decisions).

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- Participation in various social, sports and cultural activities (sport is protective)
- Full awareness of drug damage.
- Adhering to customs and traditions and preserving values and ethics.

2- Environmental and social measure

- Having strong family relationships.
- The existence of good social relations based on care and good values.
- Social culture (a society that rejects drugs).
- Difficulty obtaining drugs (reducing the chances of drug addicts being offered in hospitals).
- Thoughtful preventive education. ??

Management Plan

In short, it means treating the causes that led to addiction and treating the complications that resulted from it.

Create a team with integrative specialties (doctor, psychologist, social worker, religious counseling, counseling nursing)

Having the desire and motivation for treatment in the patient is considered important elements for the success of the task.

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