# Introduction to Biochemistry

#### MACROMOLECULES

#### **Building Blocks**

All large molecules (macromolecules) in our bodies are created from monomers. The building and deconstruction of these macromolecules are done by two processes.

#### **Dehydration Synthesis**

Simply put, we take small things and make one big thing.

Dehydration = removing water

Synthesis = put together

#### Hydrolysis

Simply put, we use water to break a big thing apart.

Hydro = water

lysis = break apart

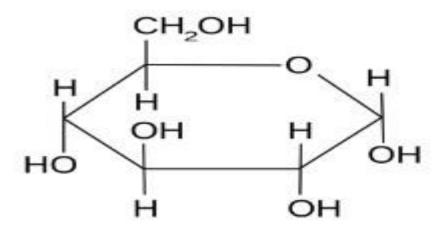
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#### Structure

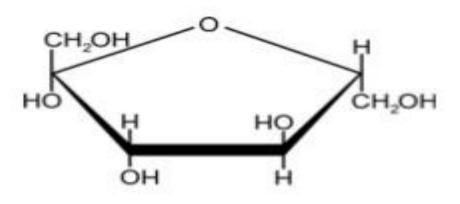
The building blocks of carbohydrates are monosaccharides.

All carbohydrates follow the generic formula of C<sub>n</sub>H<sub>2n</sub>O<sub>n</sub>

Examples of monosaccharides include:



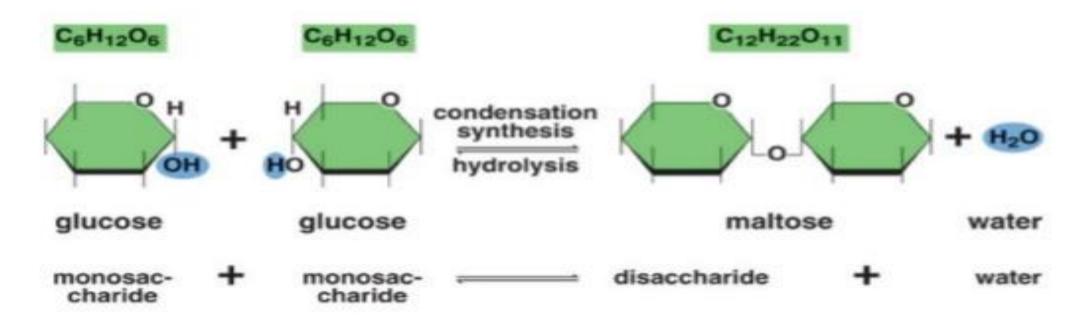
Glucose (C<sub>6</sub>H<sub>12</sub>O<sub>6</sub>)



Fructose (C<sub>6</sub>H<sub>12</sub>O<sub>6</sub>)

#### Polymers

**Disaccharides**: When two monosaccharides are joined together in a dehydration synthesis reaction they form a disaccharide.



Polymers

**Examples of Disaccharides:** 

Maltose = Glucose + Glucose

Sucrose = Glucose + Fructose

Lactose = Glucose + Galactose

#### Polymers

**Polysaccharide**: When very long chains of monosaccharides are arranged into a complex molecule we call this a polysaccharide.

Polysaccharides have different structures and functions depending on the monomers that produce them.

#### Polymers

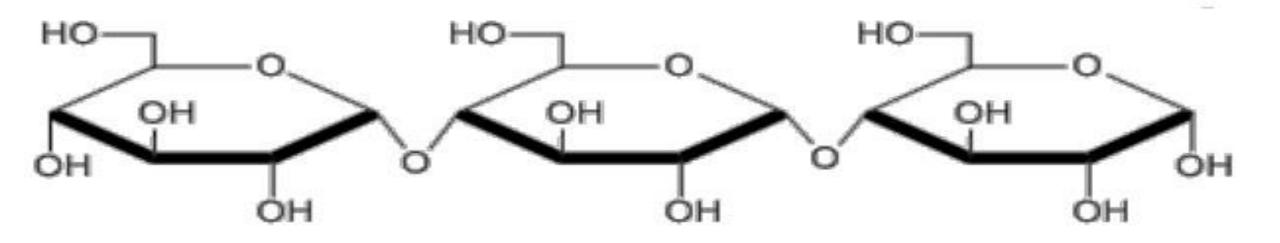
**Glycogen**: Produced when very long chains of the monomer glucose are bonded together.

Function: Long term energy storage in animals.

#### Polymers

Starch: Produced when very long chains of the monomer glucose are bonded together.

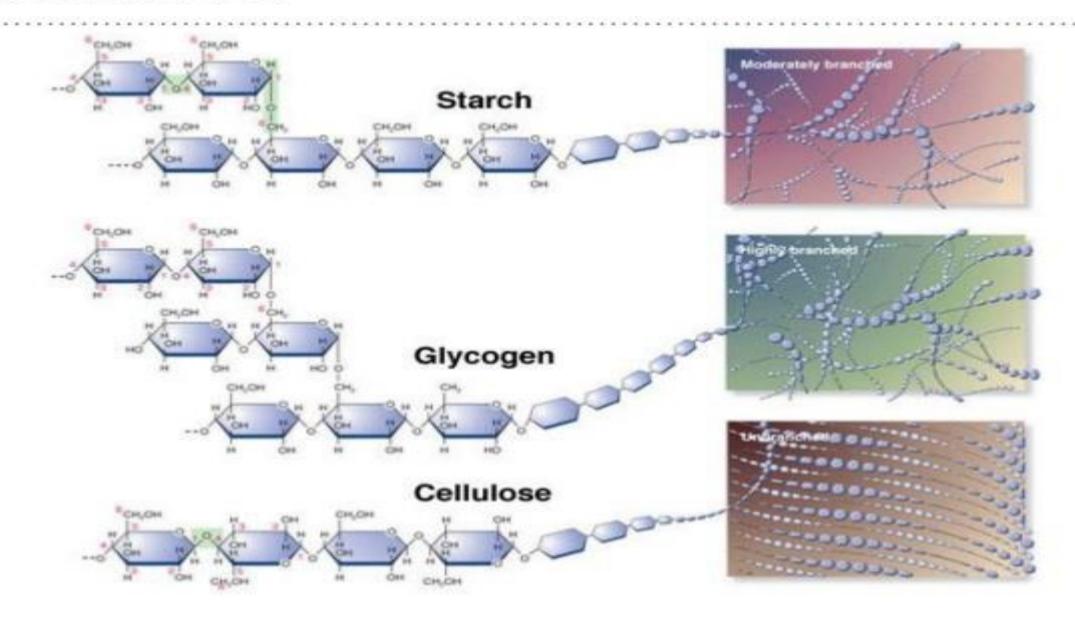
Function: Long term energy storage in plants.



#### **Polymers**

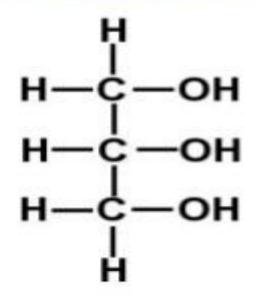
**Cellulose**: Produced when very long chains of the monomer glucose are bonded together. The difference between starch and cellulose is the monomer glucose is reversed 180 degrees each time in cellulose.

Function: Structural compound found in plants.



#### Structure

All lipids are insoluble in water. The building blocks of lipids are glycerol and fatty acids.



Glycerol

fatty acid (saturated)

#### Function

Long term energy stores

Membrane formation

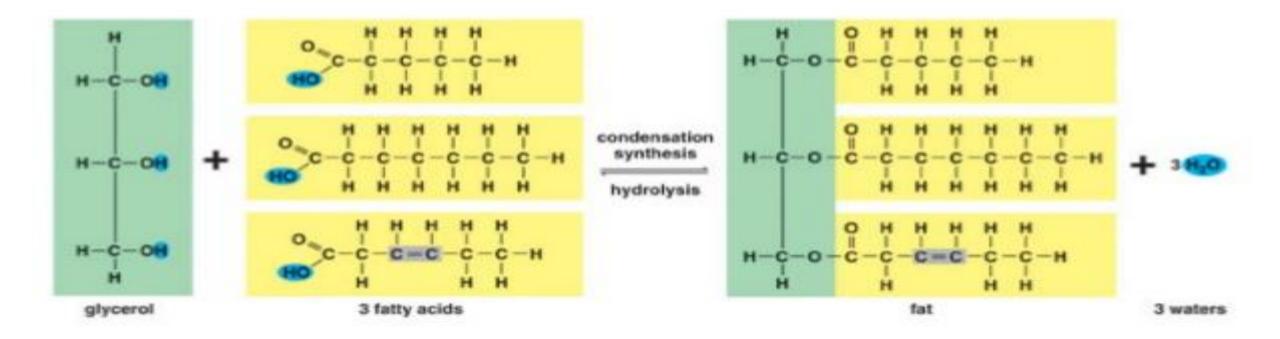
Serve as hormones

Provide insulation

Protection of internal organs

#### Polymers

**Triglycerides**: fats and oils that are formed by synthesizing a glycerol molecule with 3 fatty acids.



**Polymers** 

**Triglycerides**: the fatty acids (10-30 carbon chains) are what provide the variability in fats and oils.

Saturated fatty acids: all the carbon atoms in the chain contain the maximum number of hydrogen atoms. Usually solid at room temperature

**Unsaturated fatty acids**: one or more double bonds between carbon atoms in the chain. Usually liquid at room temperature.

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# Polymers

Triglycerides:

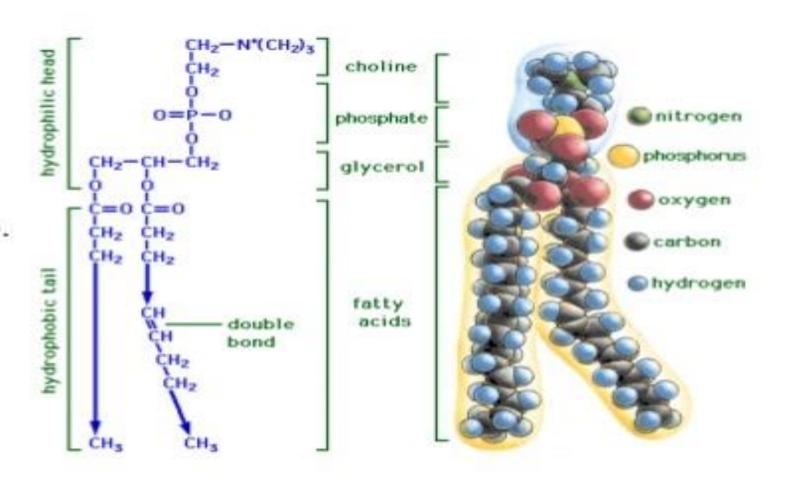
F C H H H C C H C C

Unsaturated

HE HOW NOW Saturated

#### Polymers

Phospholipids: A modified triglyceride. One fatty acid is removed and replaced with a phosphate group. This creates a polar molecule. One end hydrophilic (water loving) and the other is hydrophobic (water hating)



#### Polymers

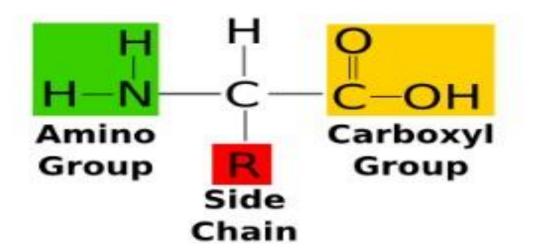
Cholesterol and Derivatives: found in many areas of the body such as cell membranes. Also include steroids and bile acid.

#### Structure

The building blocks of proteins are **amino acids**. One end contains an amine group and one end contains a carboxyl group.

There are 20 amino acids, of which 9 can not be produced by your body.

The generic amino acid molecule looked like this:



#### Function

Structural Proteins

Enzymes - speed reactions (end in ase)

Antibodies

Transport carriers

Allow materials to cross cell membrane

#### Polymers

**Peptide chains**: amino acids are bonded together via dehydration synthesis. The bond formed between amino acids are called peptide bonds.

#### Polymers

**Levels of Organization**: The more amino acids that are added to the structure, the more complex it becomes. We group proteins structures into 4 classifications.

**Primary**: polypeptide chain.

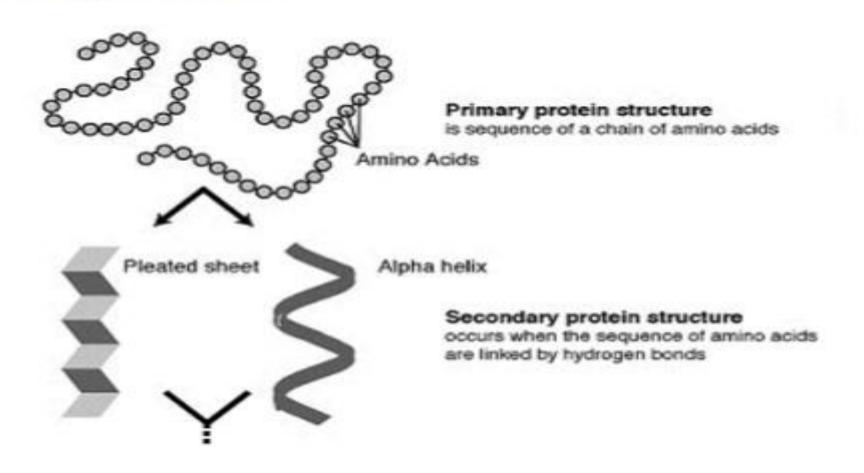
**Secondary**:  $\alpha$  helix and  $\beta$  sheets

Tertiary: Globular Structures

Quaternary: Multiple polypeptide chains.

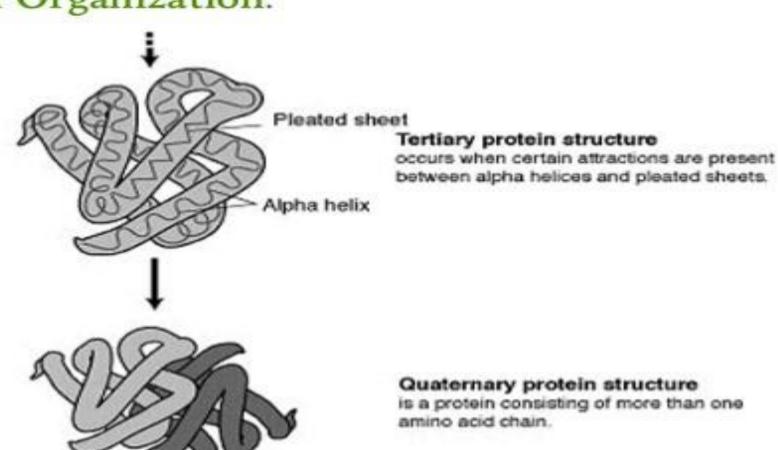
#### Polymers

#### Levels of Organization:



#### Polymers

# Levels of Organization:

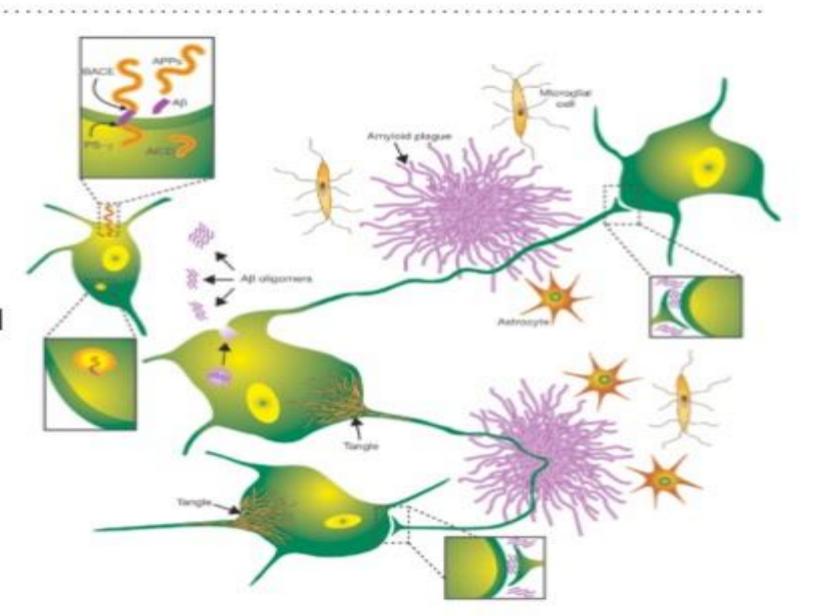


# PROTEINS - DISEASE

#### Alzheimer's

Amyloid plaque made of protein envelops axons

Tau changes shape and stick together causing tangles inside cell bodies.



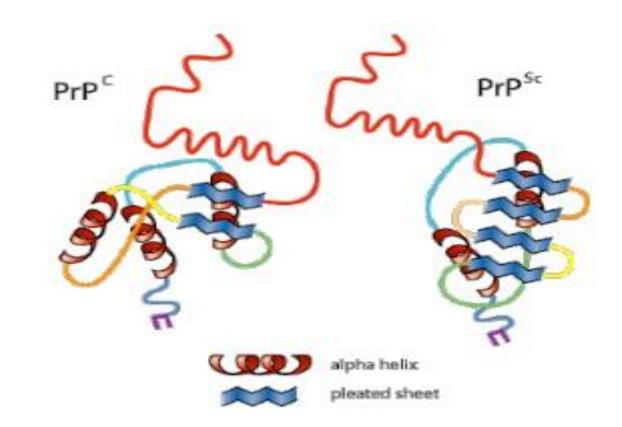
#### PROTEINS - DISEASE

#### Creutzfeld-Jacobs disease

Normally soluble prion proteins become insoluble

These proteins become insoluble in the presence of other insoluble prions

Insoluble prions damage brain tissue causing disease

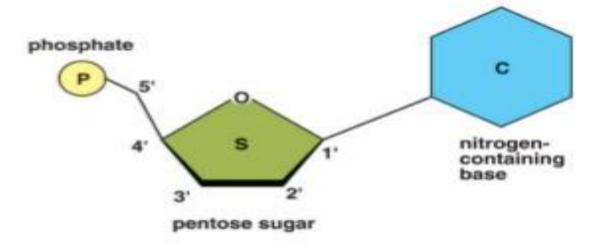


#### Structure

The building blocks of nucleic acids are nucleotides.

Nucleotides consist of a phosphate group, a 5 sided sugar, and a nitrogenous base.

The generic nucleotide molecule looked like this:



#### Structure

There are 5 nitrogenous bases that are used to create the polymers DNA and RNA.

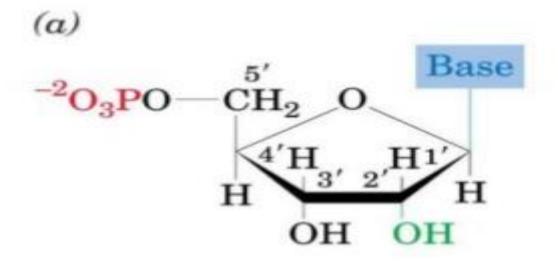
#### Function

Energy

Storage and transfer of genetic information

#### Polymers

#### DNA and RNA:



Ribonucleotides



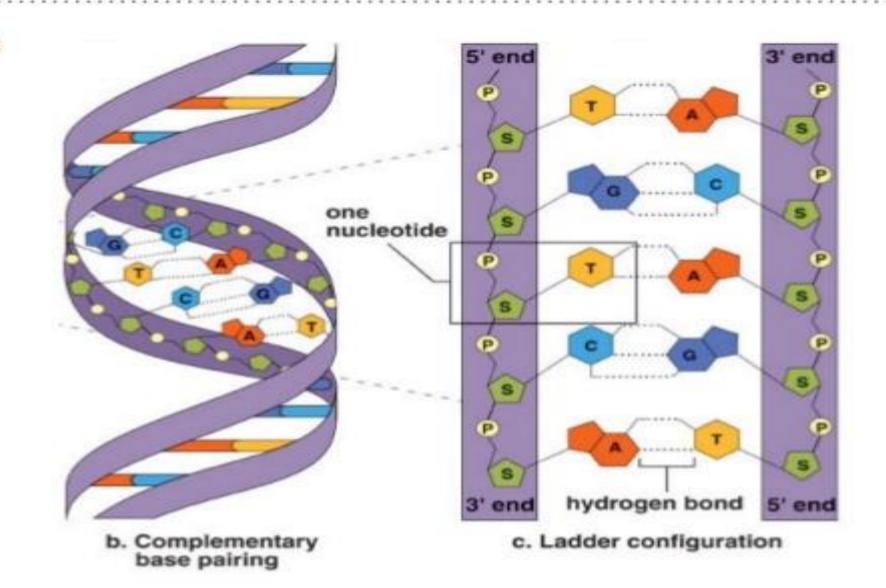
#### **Polymers**

#### DNA and RNA:

Table 2.3	DNA Structure Compared to RNA Structure	
	DNA	RNA
Sugar	Deoxyribose	Ribose
Bases	Adenine, guanine, thymine, cytosine	Adenine, guanine, uracil, cytosine
Strands	Double stranded with base pairing	Single stranded
Helix	Yes	No

Polymers

DNA:



Special Nucleotide: ATP

Adenosine triphosphate (ATP) contains the nucleic acid adenine. It has 3 high energy phosphates attached.

ATP is the energy currency for the cell. When phosphates are removed, energy is released that allow for reactions to occur in the cell.

#### Special Nucleotide: ATP

