

A stylized, colorful illustration of a landscape. In the foreground, there are rolling green hills with a dark brown path winding through them. Several heart-shaped flowers are scattered across the scene: a red one on the left, a blue one in the center, and a purple one on the right. The flowers have green stems and leaves. In the background, there are white, fluffy clouds against a light yellow sky. The overall style is simple and cheerful.

Suture Material

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Classifications

- Absorbable vs non-absorbable
- Natural vs synthetic
- Monofilament vs polyfilament

Structure



Multifilament

Twisted

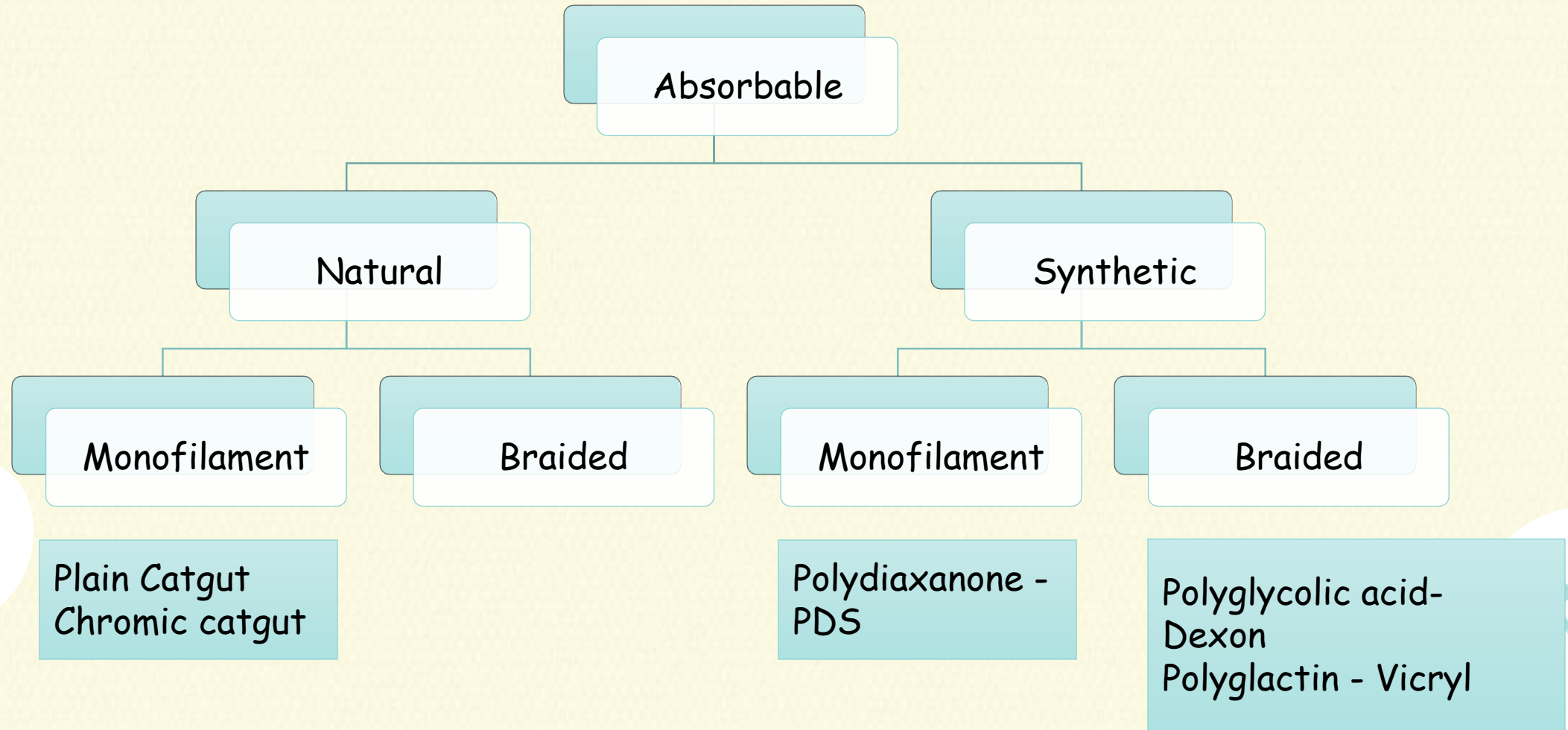


Braided

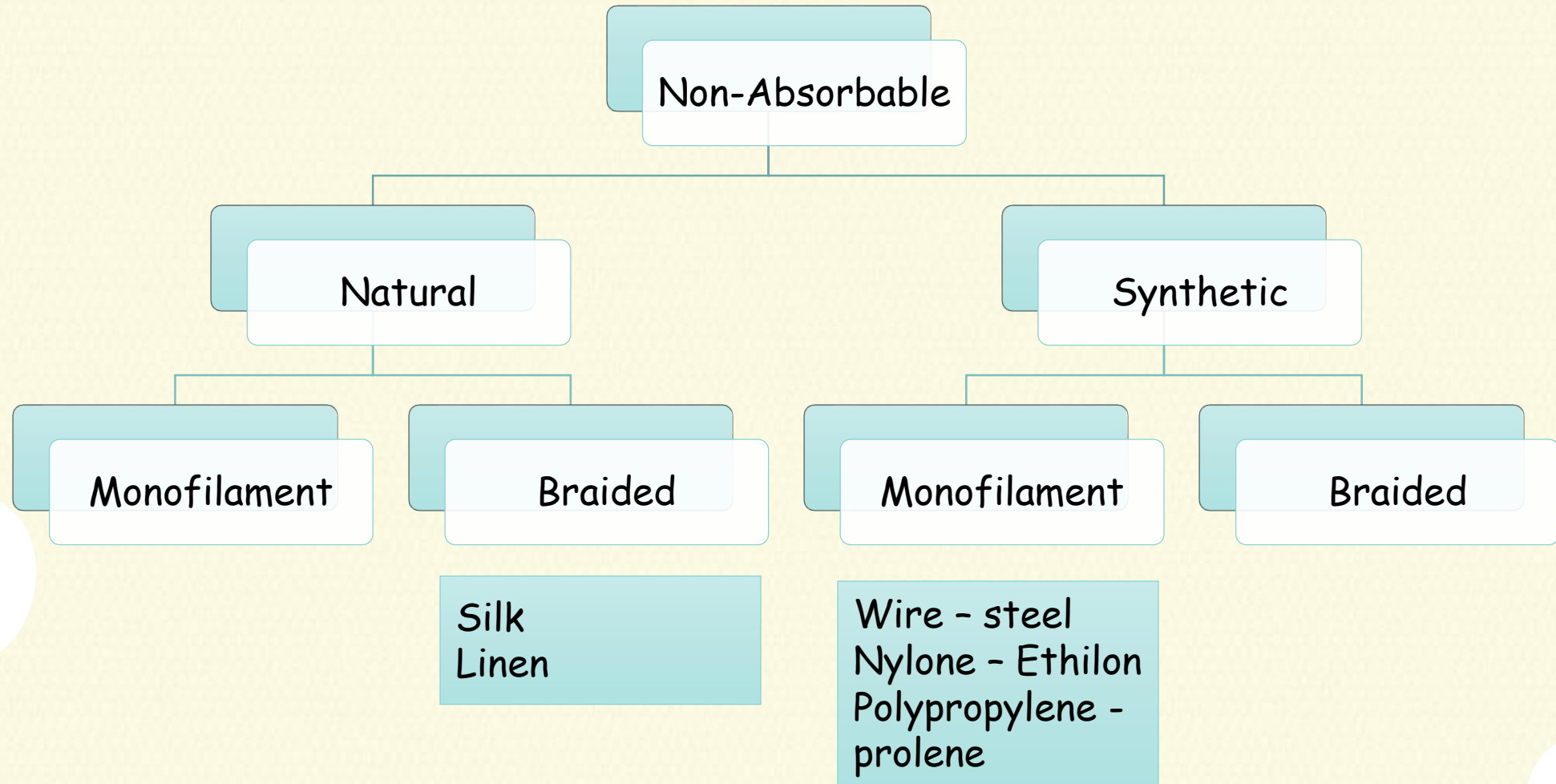


Monofilament

Absorbable



Non - Absorbable



Expanded polytetrafluoroethylene (ePTFE) - expanded monofilament

Absorbable vs Non- absorbable

- Strength of absorbable sutures are less
- Non-absorbable sutures
- retain strength indefinitely and are used
- where strength is needed until repair is completed naturally (abdominal incision and hernia repair)

Natural vs Synthetic

Natural

- Catgut
- Silk
- Linen (strong inflammatory reaction)

Synthetic

- Dexon
- Vicryl
- PDS
- Nylon
- Polypropylene
- ePTFE

Monofilament vs Braided

Monofilament

- Catgut
- Polydioxanone
- Wire
- Polypropylene
- Nylon

They are smooth

Pass easily through tissue

Cause less tissue reaction

Braided

- Polyglycolic acid
- Polyglactil
- Silk
- Nylon
- Linen

Handle well

More risk of infection

Features of a ideal suture material

- Adequate tensile strength
- Good knot holding property
- Should be least reactive
- Easy handling property
- Should have less memory
- Should be easily available and costeffective

Packaging...

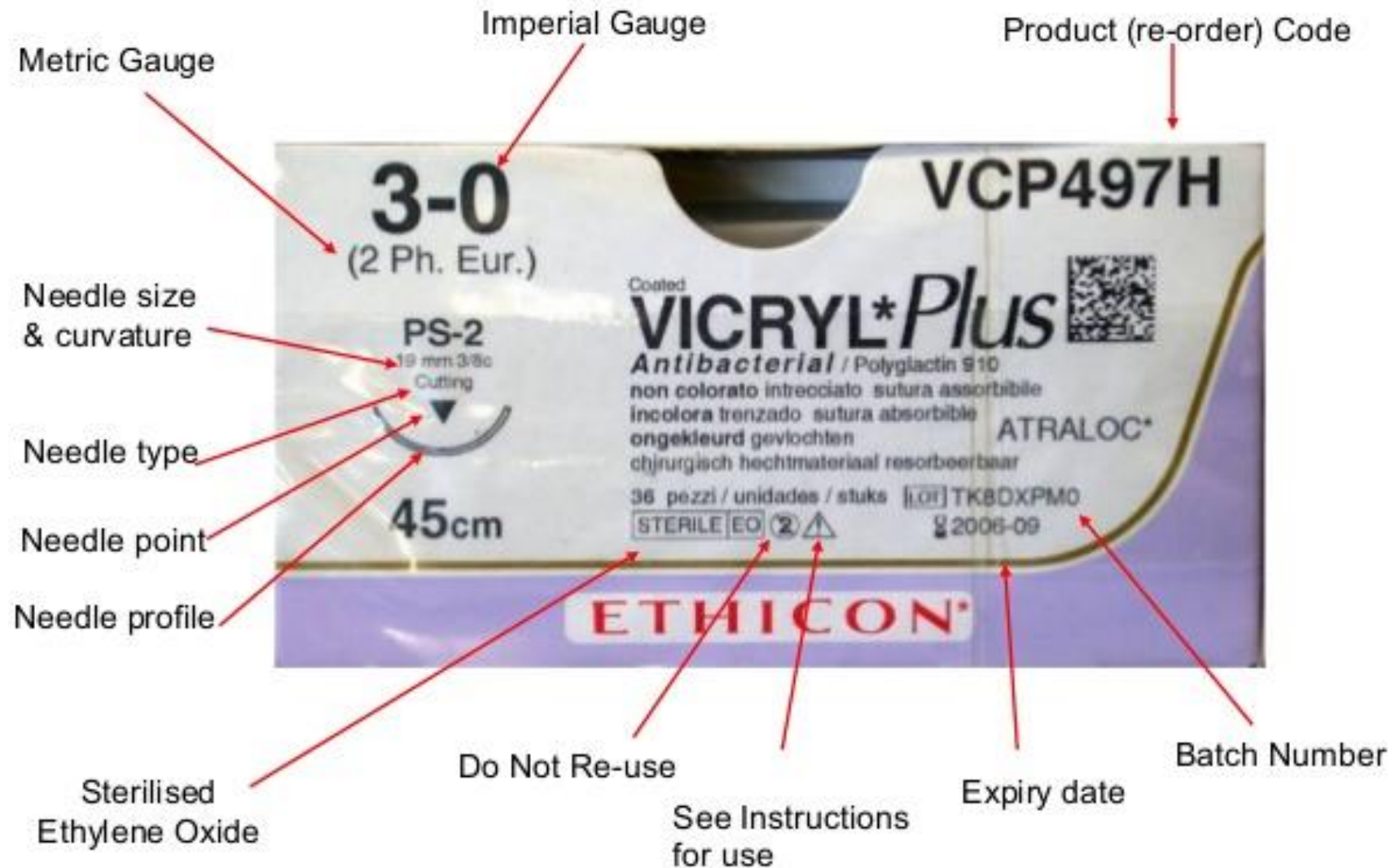


Table: Uses of different sizes of suture.

Size	Uses
7/0 and smaller	Ophthalmology, microsurgery
6/0	Face, blood vessels
5/0	Face, neck, blood vessels
4/0	Mucosa, neck, hands, limbs, tendons, blood vessels
3/0	Limbs, trunk, gut, blood vessels
2/0	Trunk, fascia, viscera, blood vessels
0 and larger	Abdominal wall closure, fascia, drain sites, arterial lines, orthopaedic surgery



Polyglycolic Acid
(synthetic absorbable suture)



Chromic (Catgut)



Plain (Catgut)



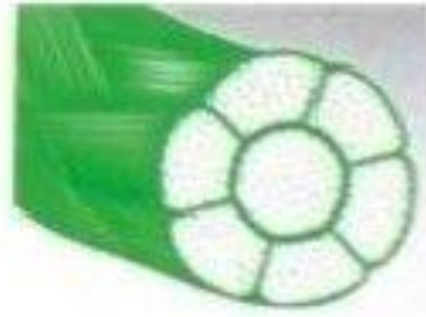
Silk (Braided)



Nylon (Monofilament)



Polypropylene
(Monofilament)



Polyester (Braided)



Stainless Steel
Wire (monofilament)

Absorbable Suture Materials



Plain catgut

- Absorbed by inflammatory reaction and phagocytosis
- Absorption time - 7 days
- Used for
 - Subcutaneous tissue
 - Muscle
 - Circumcision in children

Chromic catgut

- Catgut with chromic acid salt
- Brown in colour
- Absorption time 21 days
- Used for
 - Suturing muscles
 - Fascia
 - External oblique aponeurosis
 - Ligating pedicles

Vicryl – Polyglactic acid

- Absorbed in 90 days
 - Absorption is by hydrolysis
 - Violet in colour (braided)
 - Polyfilament and braided
-
- Used for
 - Bowel anastomosis
 - Suturing muscles
 - Closure of peritoneum

Dexon – Polyglycolic acid

- Creamy yellow in colour

PDS- Poly Dioxanone Suture Material

- Costly
- But better than vicryl

Uses in absorbable suture materials

- Bowel anastomosis (gastrojejunostomy, resection & anastomosis)
 - Vicryl
- In cholecystojejunostomy, choledchojejunostomy
 - Vicryl
- In suturing muscle, fascia, peritoneum, sub cutaneous tissue, mucosa

Uses of absorbable suture materials

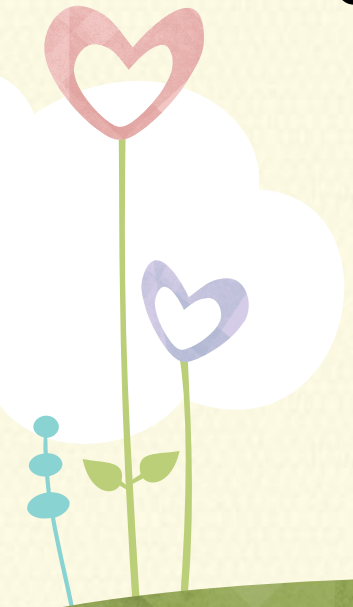
- Ligation of pedicles during hysterectomy
 - 1-zero chromic catgut
 - Vicryl
- In circumcision
 - 3-zero plain or chromic catgut
- Absorbable suture materials should not be used for
 - Suturing tendons
 - Nerves
 - Vessels (vascular anastomosis)

Non-Absorbable Suture Materials



Silk

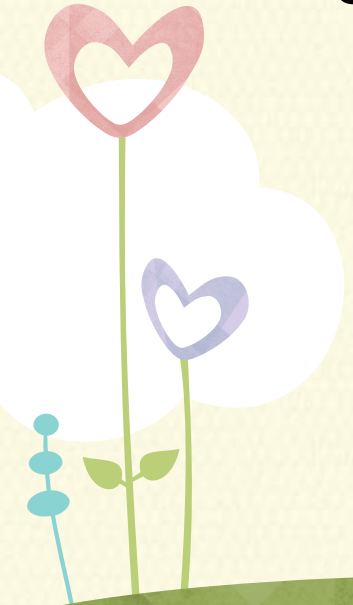
- Black colour
- Coated material to reduce capillary action



Polypropylene

- Blue in colour
- Got high memory

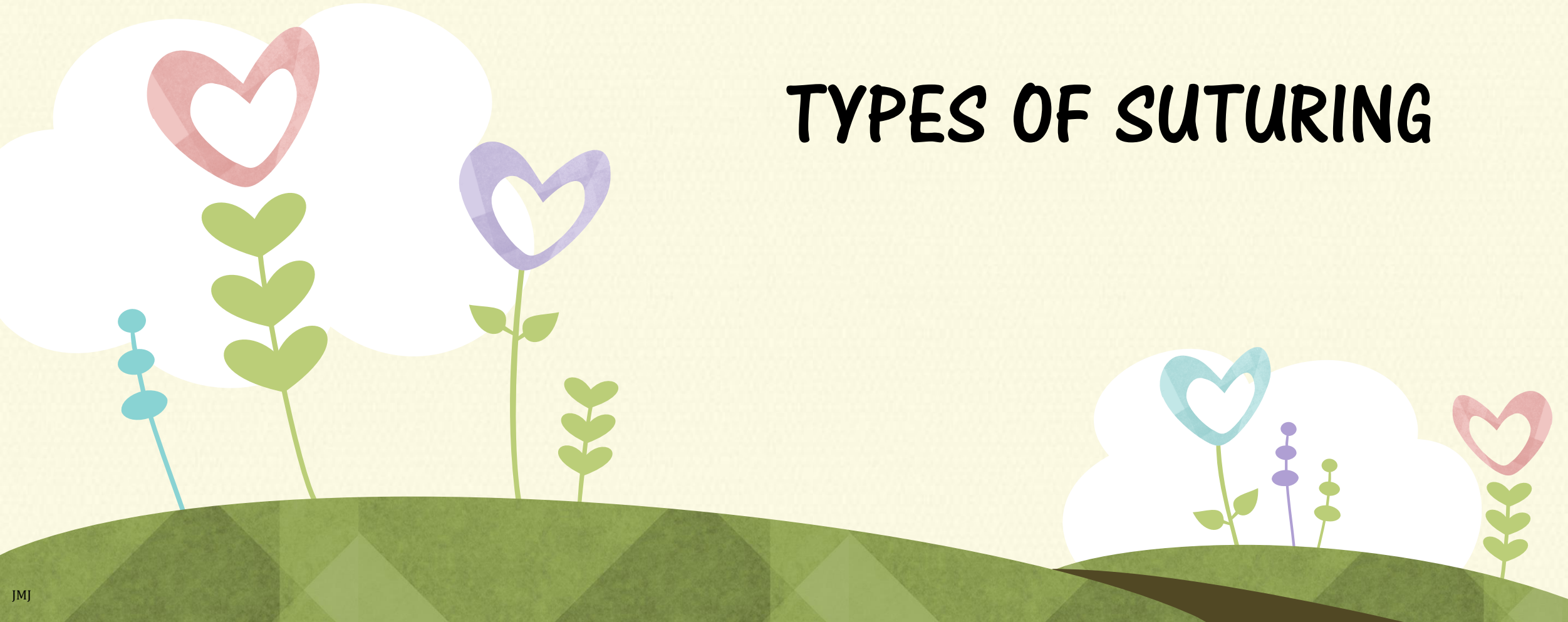
MEMORY – is recoiling tendency after removal from the packet. Ideally suture material should have low memory



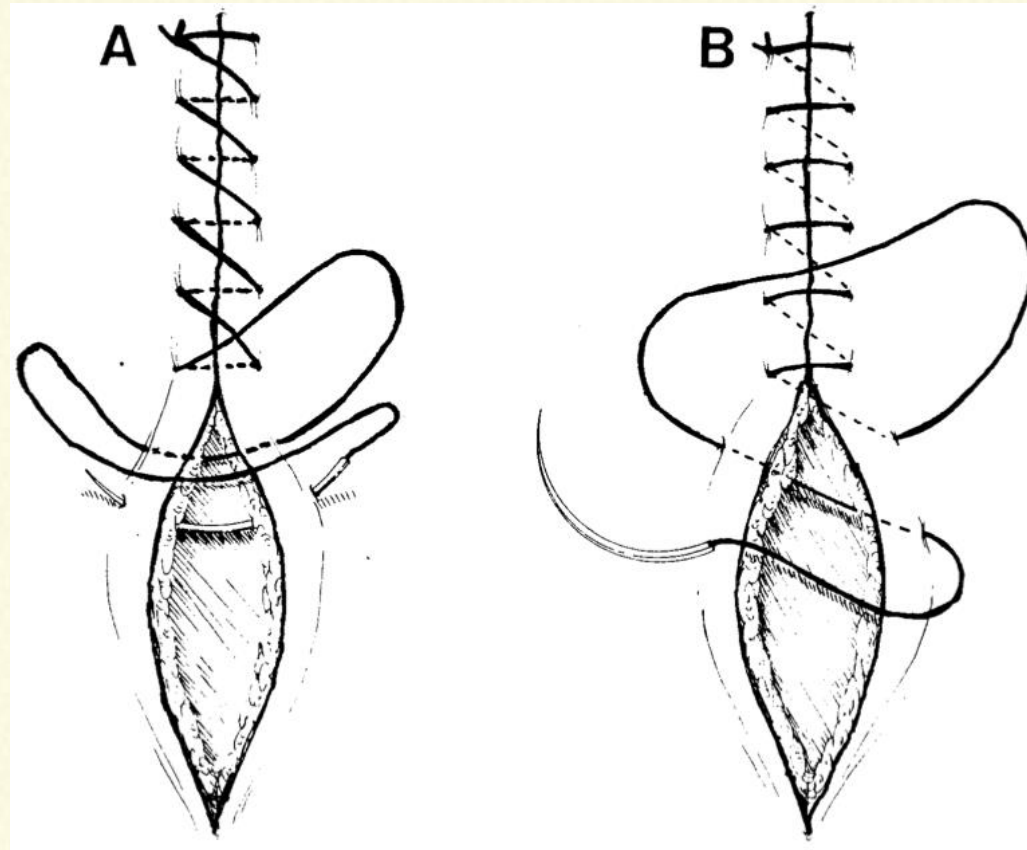
Uses of non- absorbable suture materials

- In herniorraphy for repair
- For closure of abdomen after laparotomy
- For vascular anastomosis (6-zero), nerve suturing, tendon suturing
- For tension suturing in the abdomen
- For suturing of skin

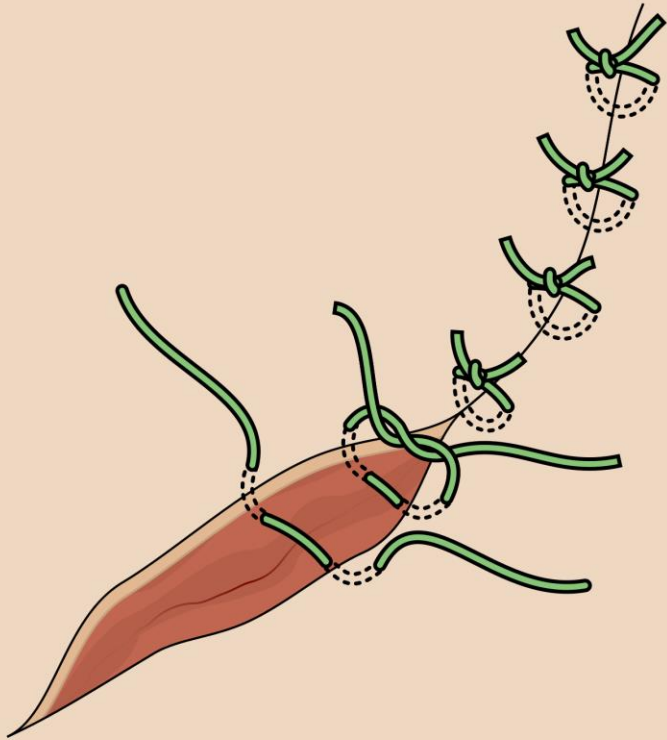
TYPES OF SUTURING



Simple continuous suture



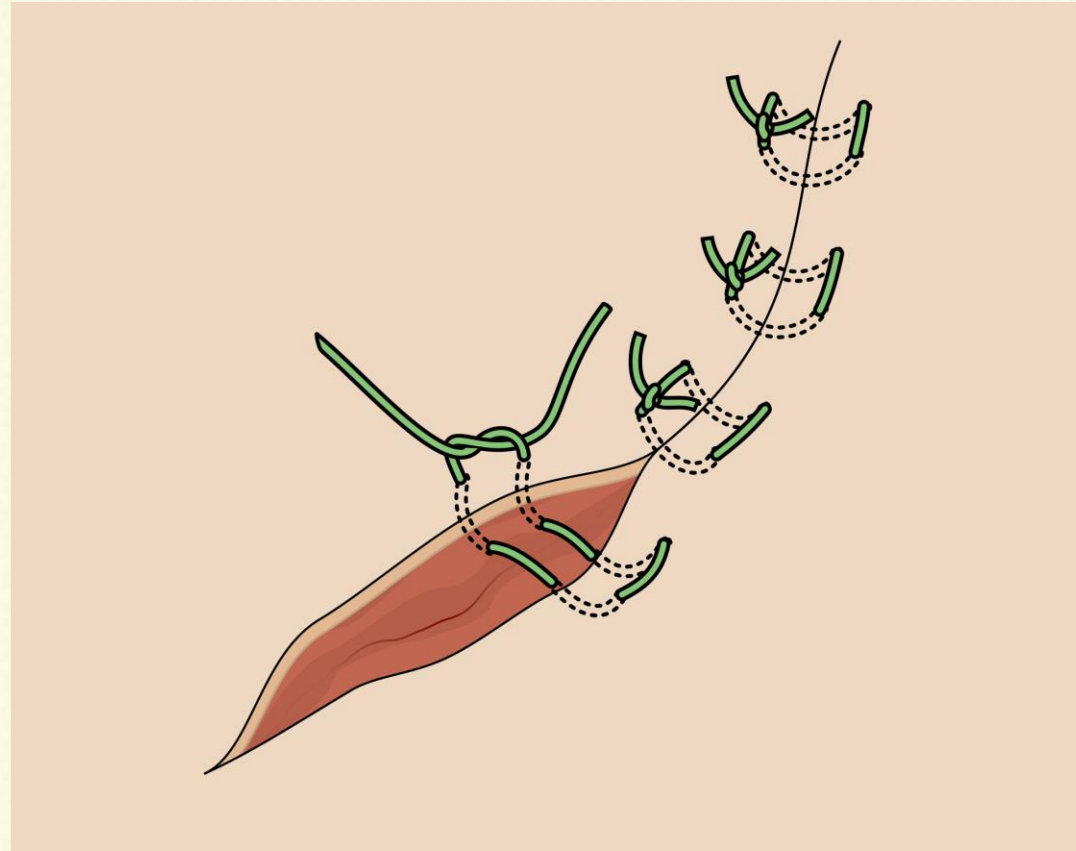
Interrupted simple suturing



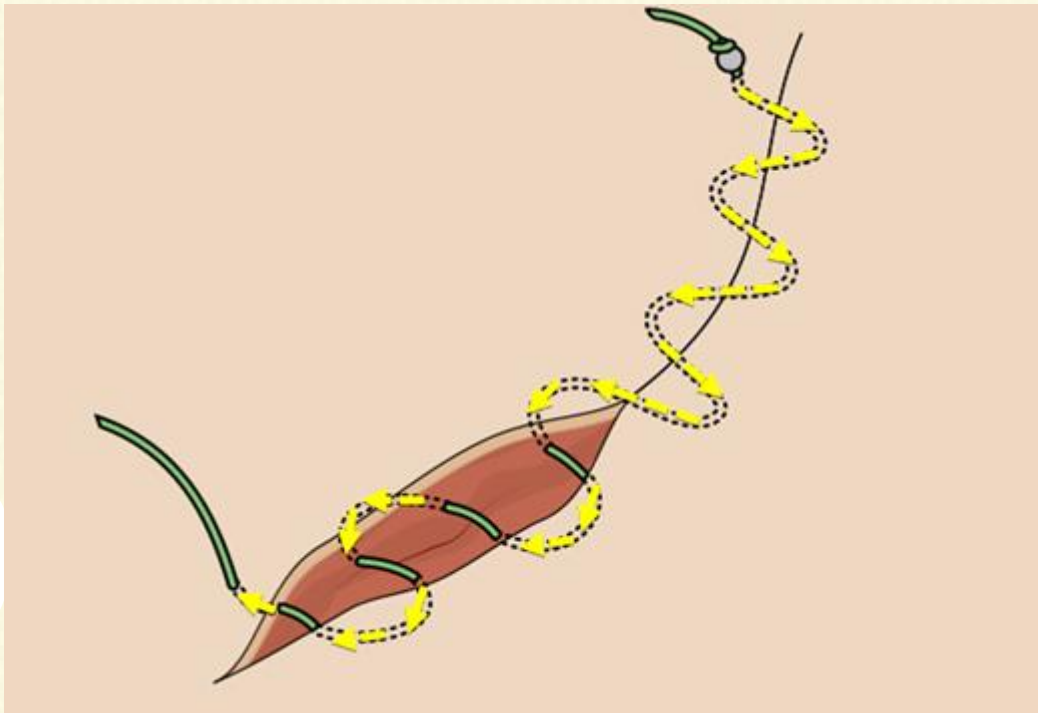
Increase risk of infection

Easy when need of draining

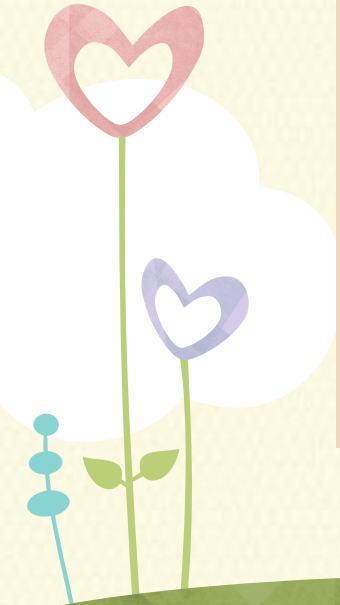
Interrupted mattress suturing



Subcuticular suturing



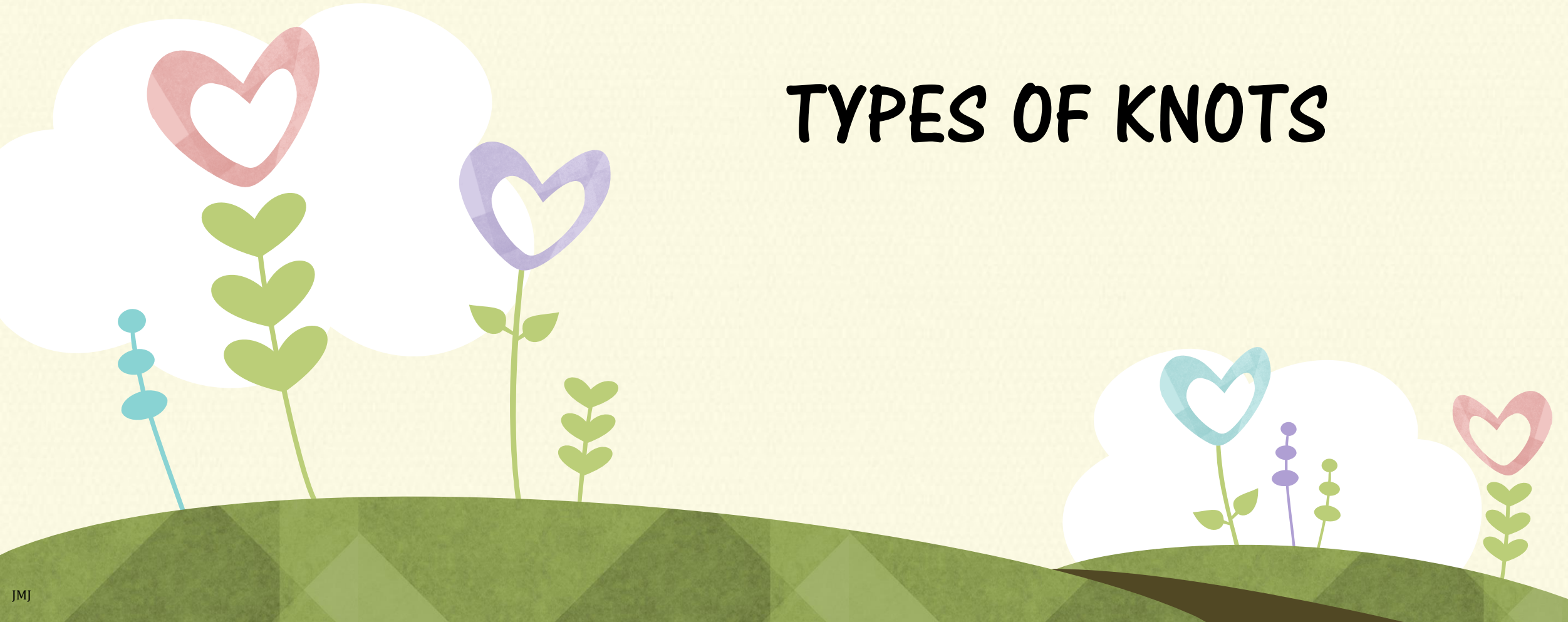
Good cosmetic results



Suture Removal

- Face and neck → 3-4 days
- Scalp → 5-7 days
- Limbs → 5-7 days
- Hands and feet → 10-14 days
- Abdomen → 8-10 days

TYPES OF KNOTS



Types of Knots



Square knot



Granny knot









Surgeon's knot

Suturing Techniques

NEEDLES



	POINT TYPE	SYMBOL
	TAPER POINT	●
	BLUNT TAPER POINT	○
	CUTTING EDGE	▲
	REVERSE CUTTING EDGE	▼
	TAPERCUT	⊗
	MICRO-POINT SPATULA CURVED	◩
	MICRO-POINT REVERSE CUTTING	◪

Needles

Cutting edge

- Triangular in cross section
- Skin
- Tendon
- Breast tissue

Round body

- Oval or round in cross section
- GI tract
- Vascular anastamosis

THANK YOU!

