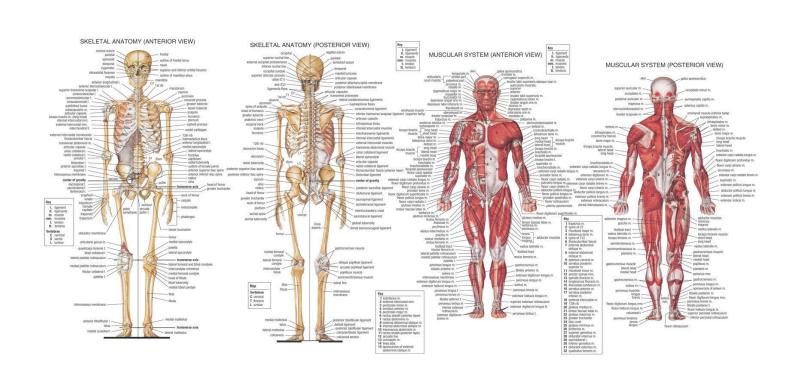
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Anatomy: is the science of the structure and function of the body



INTRODUCTION

Clinical anatomy:

is the study of the macroscopic structure and function of the body as it relates to the practice of medicine and other health sciences.

Basic anatomy:

is the study of the minimal amount of anatomy consistent with the understanding of the overall structure and function of the body.

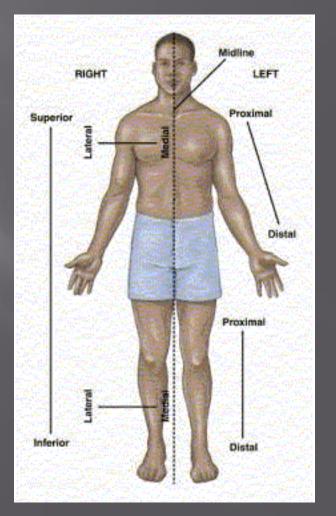
Descriptive Anatomic Terms

Terms Related to Position

Terms Related to Movement

Anatomic position

- 1/ The person is standing erect.
- 2/ The upper limbs by the sides.
- 3/ The face and palms of the hand directed forward.



Median Sagittal Plane:

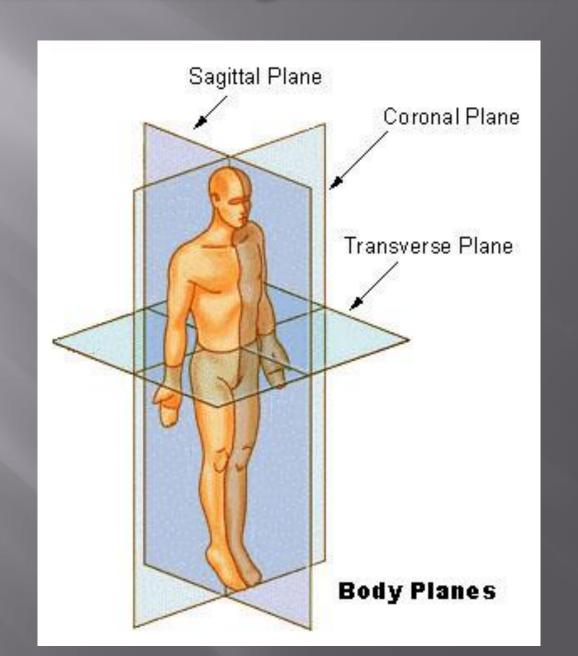
This is a vertical plane passing through the center of the body, dividing it into equal right and left halves.

Planes situated to one or the other side of the median plane and parallel to it are termed *paramedian*.

A structure situated nearer to the median plane of the body than another is said to be *medial to the other*.

Similarly, a structure that lies farther away from the median plane than another is said to be *lateral to the other*.

Median Sagittal Plane:



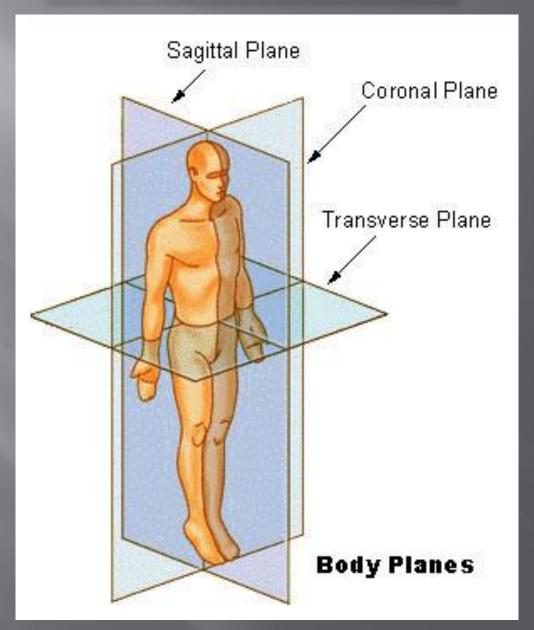
Coronal Plane:

These planes are imaginary vertical planes at right angles to the median plane

The terms *anterior and posterior* are used to indicate the front and back of the body, respectively .

To describe the relationship of two structures, one is said to be anterior or posterior to the other in so far as it is closer to the anterior or posterior body surface.

Coronal Plane:

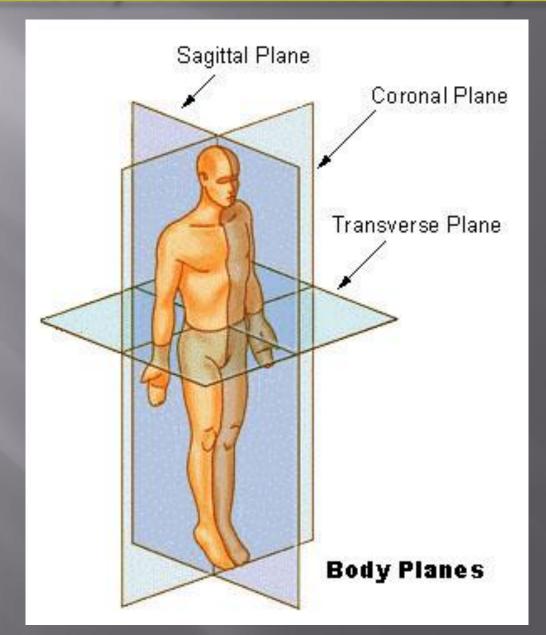


Horizontal, or Transverse, Plane:

These planes are at right angles to both the median and the coronal planes

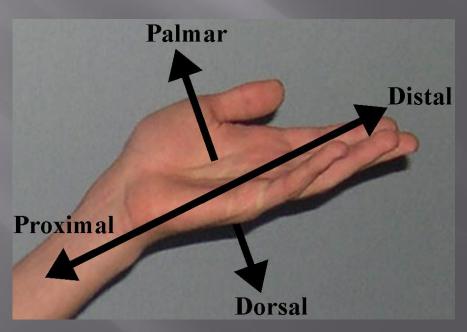
and the terms *superior and inferior* denote levels relatively high or low with reference to the upper and lower ends of the body.

Horizontal, or Transverse, Plane:



In describing the hand, the terms palmar and dorsal surfaces are used in place of anterior and posterior,

In describing the foot, the terms *plantar* and dorsal surfaces are used instead of lower and upper surfaces

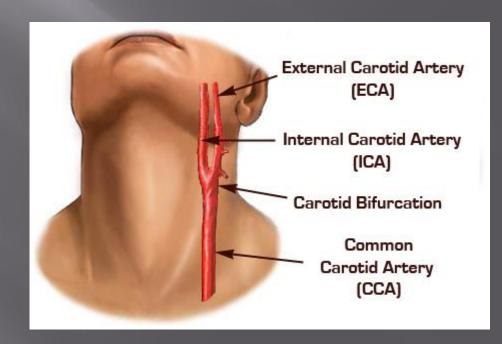




■ The terms *proximal and distal* describe the relative distances from the roots of the limbs; for example, the arm is proximal to the forearm and the hand is distal to the forearm.

■ The terms *superficial and deep* denote the relative distances of structures from the surface of the body,

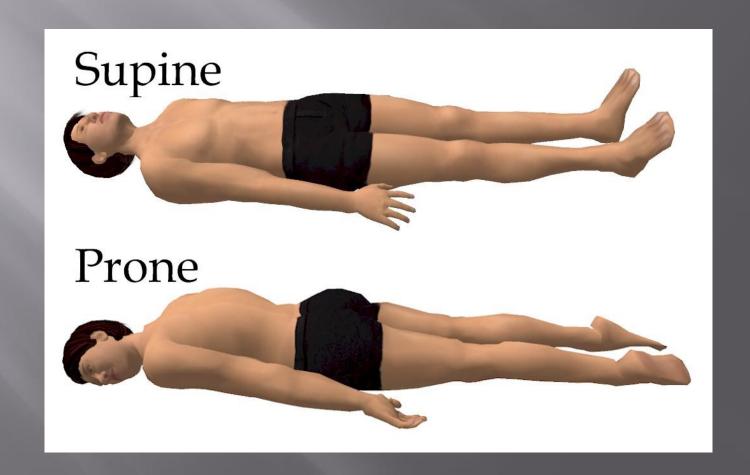
The terms *internal* and *external* are used to describe the relative distance of a structure from the center of an organ or cavity; for example, the internal carotid artery is found inside the cranial cavity and the external carotid artery is found outside the cranial cavity.



The term *ipsilateral* refers to the same side of the body; for example, the left hand and the left foot are ipsilateral.

Contralateral refers to opposite sides of the body; for example, the left biceps brachii muscle and the right rectus femoris muscle are contralateral.

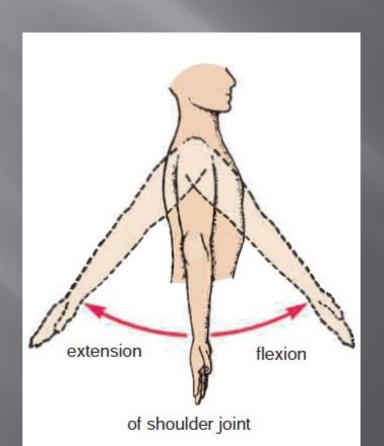
The supine position of the body is lying on the back. The prone position is lying face downward.

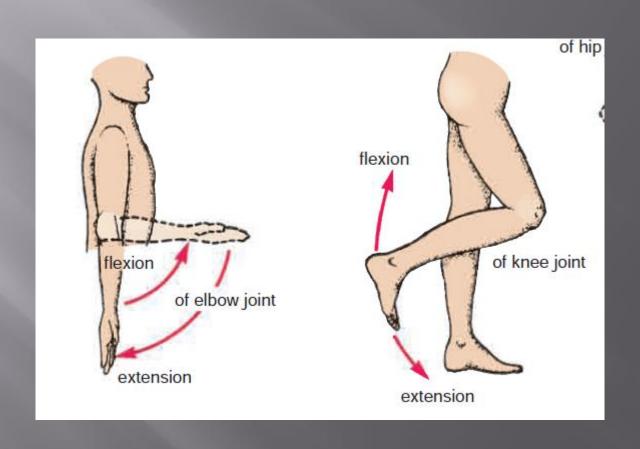


A site where two or more bones come together is known as a joint.

plane. For example, flexion of the elbow joint approximates the anterior surface of the forearm to the anterior surface of the arm. It is usually an anterior movement, but it is occasionally posterior, as in the case of the knee joint

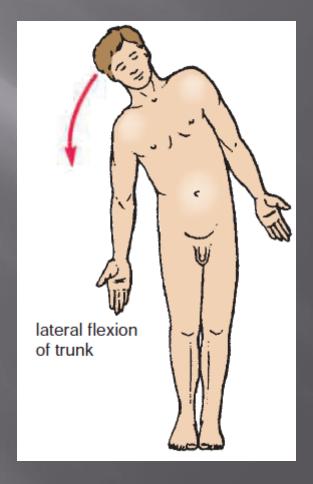
Extension means straightening the joint and usually takes place in a posterior direction





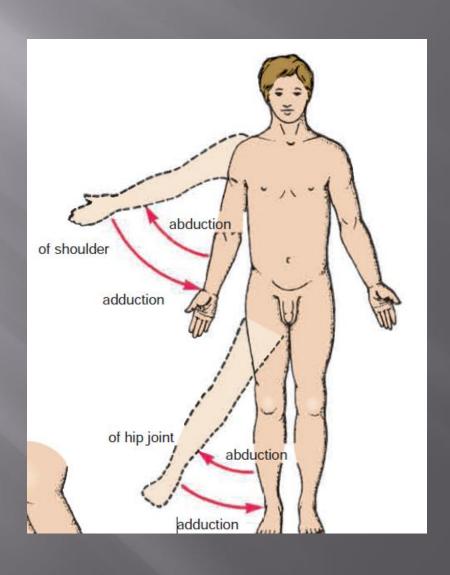
Lateral flexion is a movement of the trunk in the

coronal plane



Abduction is a movement of a limb away from the midline of the body in the *coronal plane*.

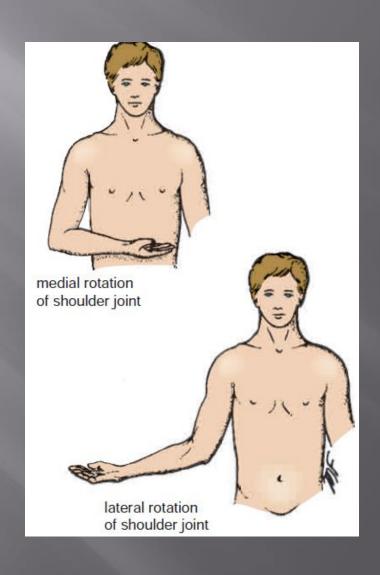
Adduction is a movement of a limb toward the body in the coronal plane



Rotation is the term applied to the movement of a part of the body around its long axis.

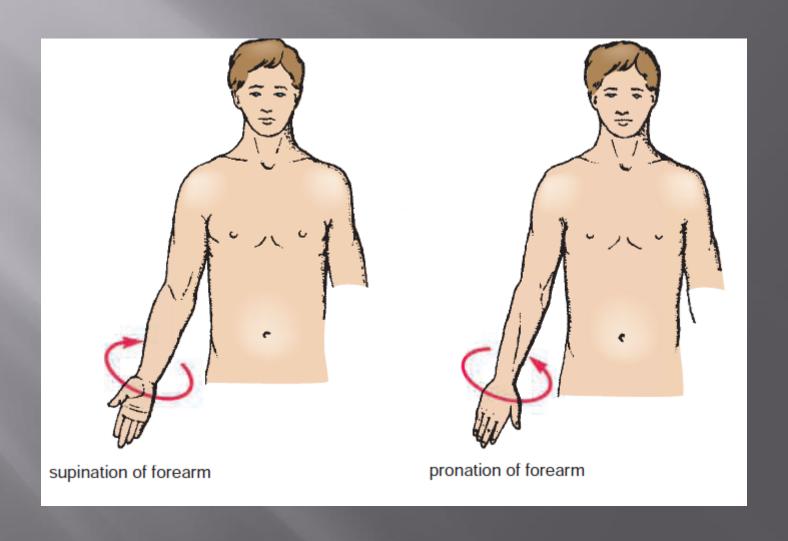
Medial rotation is the movement that results in the anterior surface of the part facing medially.

Lateral rotation is the movement that results in the anterior surface of the part facing laterally.

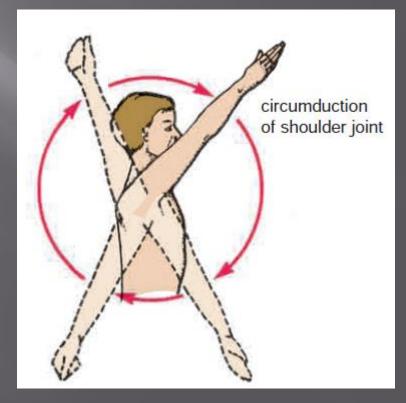


Promotion of the forearm is a medial rotation of the forearm in such a manner that the palm of the hand faces Posteriorly

Supination of the forearm is a lateral rotation of the forearm from the pronated position so that the palm of the hand comes to face anteriorly



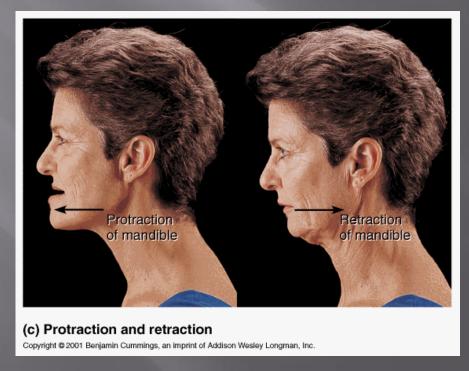
Circumduction is the combination in sequence of the movements of flexion, extension, abduction, and adduction



Protraction is to move forward;

Retraction is to move backward

Used to describe the forward and backward movement of the jaw at the temporomandibular joints.



sole faces in a medial direction

Eversion is the opposite movement of the foot so that the sole faces in a lateral direction

