



كلية : الاداب

القسم او الفرع : اللغة الانكليزية

المرحلة: الاولى

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اسم المادة باللغة العربية : النحو الانكليزي

اسم المادة باللغة الإنكليزية : English Grammar in Use

اسم المحاضرة الخامسة باللغة العربية: المضارع التام المستمر

اسم المحاضرة الخامسة باللغة الإنكليزية : Present perfect continuous (I have been

doing)

## Present perfect continuous (I have been doing)

Is it raining?

No, but the ground is wet.

It's **been raining**. (= It has been ...)

**have/has been + -ing** is the **present perfect continuous**:

We use the **present perfect continuous** for an activity that **has recently stopped or just stopped**:

Why are you out of breath? **Have you been running**?

Paul is very tired. He's **been working** hard.

Why are you so tired? What **have you been doing**?

I've **been talking** to Amanda and she agrees with me.

Where have you been? I've **been looking** for you.

It's **been raining** for two hours.

Study this example situation:

It began raining two hours ago and it is still raining.

How long **has it been raining**?

It's **been raining** for two hours. (= It has been ...)

We use the present perfect continuous in this way, especially with how long, for ... and since ... . **The activity is still happening (as in this example) or has just stopped.**

How long have you been learning English? (= you're still learning English)

Ben is watching TV. He's been watching TV all day.

Where have you been? I've been looking for you for the last half hour.

Chris hasn't been feeling well recently.

You can use the present perfect continuous for repeated actions:

Silvia is a very good tennis player. She's been playing since she was eight.

Every morning they meet in the same cafe. They've been going there for years.

Compare I am doing and I have been doing:

Don't disturb me now. I'm working.

We need an umbrella. It's raining.

Hurry up! We're waiting.

I've been working hard. Now I'm going to have a break.

The ground is wet. It's been raining.

We've been waiting for an hour.

## Exercises

Write a question for each situation.

1 You meet Kate as she is leaving the swimming pool. You say:  
Hi, Kate. (you / swim?) **Have you been swimming?**

2 You have arrived a little late to meet Ben who is waiting for you.  
You say:

I'm sorry I'm late, Ben. (you / wait / long?)

3 Jane's little boy comes into the house with a very dirty face and dirty hands. His mother says:

Why are you so dirty? (what / you / do?)

4 You are in a shop and see Anna. You didn't know she worked there.  
You say:

Hi, Anna. (how long / you / work / here?)

5 A friend tells you about his job – he sells phones. You say:  
You sell phones? (how long / you / do / that?)